

# Taoist Tai Chi

INTERNAL ARTS OF HEALTH™

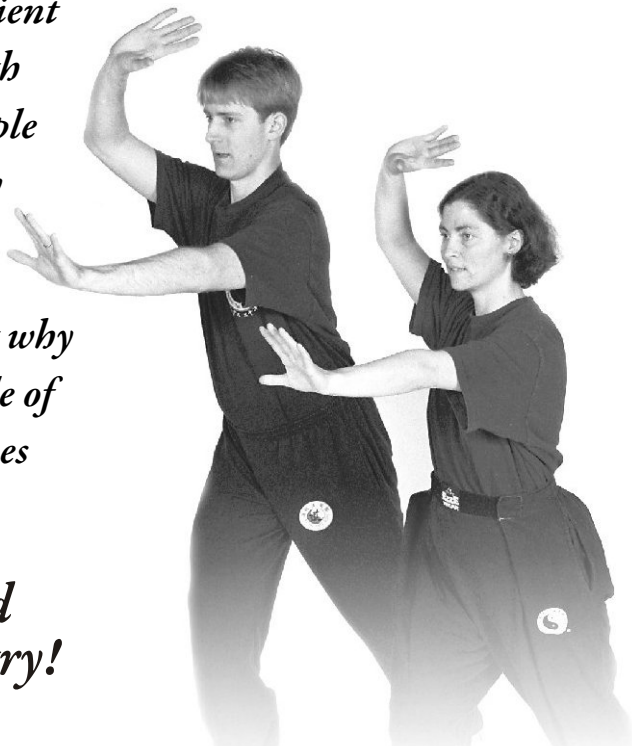
# BEGINNER CLASSES

Tuesday, May 19  
Clayton Community Centre  
18513 - 70 Ave., Surrey

*This respected ancient  
art for better health  
helps keep you supple  
and strong in body  
and mind*

*Join us to find out why  
thousands of people of  
all ages and abilities  
enjoy Tai Chi.*

*Bring a friend  
and give it a try!*



**Taoist Tai Chi  
Society of Canada**

PACIFIC REGION

A REGISTERED CHARITABLE ORGANIZATION

for further information

**604.507.0700**

[www.taoist.org](http://www.taoist.org)